

Debbie Edmunds, MA, LPC-S, CART

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PROFESSIONAL EDUCATION

Master of Arts Degree - August, 1998, **Clinical Psychology**, University of Houston at Clear Lake, Houston, TX-GPA, **3.952**

Internship - 1998, Veterans Affairs Medical Center, Houston, TX: Neuropsychology (first semester rotation), Trauma Recovery Program (second semester rotation)

Bachelor of Science Degree - 1979, Major: Psychology, Ball State University, Muncie, IN

LICENSE

Texas State Board of Examiners of Professional Counselors

Licensed Professional Counselor/Supervisor: Number 16682

MEMBERSHIPS

Texas Counseling Association

PSI CHI - The National Honor Society in Psychology

PROFESSIONAL EXPERIENCE

10/2009-Present

**Private Practice Psychotherapy
H.O.P.E. Psychotherapy of Houston, PLLC**
17510 Huffmeister Road, #103
Cypress, TX 77429

- Perform diagnostic assessments, determine diagnoses and provide counseling and psychotherapy services to adolescents, adults, couples and families. Specializing in self-injury, adolescent issues, brain injury, anxiety disorders and development of healthy coping/self-soothing strategies.

6/2003-10/2009

**Private Practice Psychotherapy
Houston Psychotherapists, Inc.**
21216 Northwest Fwy, #450
Cypress, TX 77429
832-237-2673

- Perform diagnostic assessments, determine diagnoses and provide counseling and psychotherapy services to adolescents, adults, couples and families. Specializing in self-injury.
- Conduct workshops on self-injury, suicide and healthy coping.
- Co-creator of the Toolbox Coping Kit™, Tools that make learning to cope interesting and fun!
- Co-founder of Houston Psychotherapists, Inc. and 2 Chicks and a Couch Publishing™.

11/2000-3/2004

Clinical Coordinator/Therapist/Case Supervisor/Unit Director

Krause Residential Treatment Center
5638 Medical Center Dr., Katy, Texas 77494
281-392-7505

- Wrote Preliminary Treatment Plans, Diagnostic Assessment and Master Treatment Plans.
- Wrote quarterly Treatment Plan Reviews, as well as Discharge Summaries.
- Provided individual, family and group (i.e., psychotherapy, process group) therapies to CPS and Juvenile Probation clients and their families.
- Developed behavior modification programs.
- Conducted monthly staffings.
- Developed and implemented staff training
- Developed and maintained the computer filing system using Microsoft Word.
- Designed and updated forms required for program operations.
- Interviewed applicants for employment.
- Supervised Program Coordinators.

1/1999-9/2000

Staff Psychotherapist

The Center for Success and Independence
535 W. 20th St., Houston, Texas 77008
713-426-4545

- Evaluated records, as well as interviewed potential clients to determine appropriateness for admission.
- Performed Intakes and Social-Developmental Histories, which included medication management (e.g., medication inventory).
- Wrote Preliminary Treatment Plans, Diagnostic Assessment and Treatment Plans, Monthly Treatment Plan Reviews, as well as Discharge Plans and Discharge Summaries.
- Set up client charts and provided QA to maintain compliance with licensing standards.
- Provided individual, family and group (i.e., psychotherapy, independent living skills, parent education, multifamily) therapies to CPS, Juvenile Probation and private pay clients.
- Developed behavior modification programs.
- Scheduled and conducted monthly staffings.
- Developed and implemented staff training.
- Wrote policies and procedures for certification by TDPRS and TCADA.
- Developed and maintained the computer filing system using Microsoft Word.
- Designed and updated all forms required for operation (e.g., application, brochures, client/parent handbooks, stationary, medication records, etc.) using Microsoft Word and Corel Print/Photo House.
- Interviewed applicants for employment.
- Participated in Board meetings.
- Assisted in researching and selecting office equipment (i.e., phone systems, copy machine/postage meters, fax machine) and pharmacies for start-up of facility operations.

9/1995-12/1998

Field Case Manager

Intracorp, Houston, TX
Corporate Headquarters, 1601 Chestnut St., Two Liberty Place Philadelphia, PA 19192
215-761-7100

- Evaluate Workers' Compensation claimants, with various disabilities, to determine transferable job skills and to provide medical and vocational case management services.
- Provide job placement services to Workers' Compensation claimants, to include conducting labor market surveys.
- Consult with medical professionals to coordinate care.
- Write comprehensive reports documenting the Workers' Compensation claimant's compliance with vocational and medical treatment.

1992-1995

Vocational Therapist/Evaluator/ Neuropsychological Therapist,

Del Oro Institute for Rehabilitation, Houston, Texas

- Developed and implemented vocational and cognitive therapy programs for head injured and CVA patients.
- Administered neuropsychological tests under the direction of a licensed psychologist, and completed initial and discharge evaluations.
- Acted as liaison between family, treatment team, insurance representatives, physicians, community agencies and other parties regarding the rehabilitation process.
- Marketed vocational services to various community agencies.
- Conducted job analyses to assist patients to return to work.
- Developed and conducted groups dealing with job retention, productivity, forms completion, resume preparation, interview techniques and job coping skills.
- Supplied appropriate documentation for patient charts.

1991-1992

Coordinator ICF/RC,

Nightingale Rehabilitation Center, Residential Services, Houston, Texas

- Interviewed and admitted residents into Medicaid funded group homes for individuals with head injuries.
- Hired and supervised residential staff.
- Wrote policies and procedures for group home operations.
- Maintained compliance with ICF State Standards for Participation.

1986-1991

Vocational Evaluator/Vocational Coordinator,

West Oaks Hospital, Houston, Texas

- Conducted vocational evaluations with individuals having various disabilities to include: mental illness, head injury, CVA, and orthopedic injuries.
- Wrote comprehensive vocational evaluation reports to assist with career choice and change.
- Developed and conducted innovative work adjustment programs.
- Conducted job readiness training groups.

1982-1986

Vocational Evaluator/Work Adjustment Instructor,
The Lighthouse of Houston, Houston, Texas

- Conducted vocational evaluations with individuals having blindness and deafness.
- Wrote comprehensive vocational evaluation reports to assist with career choice and change.
- Conducted work adjustment groups with individuals needing to develop pre-vocational skills.
- Marketed vocational evaluation to various community agencies.

Presentations (see website for updates)

- Self-Injury: Rebel Without a Cause to Emo Without a Clue presented to Houston EAP Associates and other Clinicians-Houston, Texas, September 11, 2007; Cypress-Fairbanks ISD Counselors-Houston, Texas, October 23, 2007; Presented to Lamar ISD Counselors-Rosenberg, Texas, November 2, 2007; presented to Parents of Arnold Middle School students Cypress-Fairbanks ISD-Houston, Texas November 15, 2007
- Coping Strategies and Behavioral Interventions-K-8th grade developed for and presented to The Joy School-Houston, Texas, August 20, 2007
- Suicide: The Taboo Topic presented to local area ISD counselors-Houston, Texas, February 3, 2006
- Self-Injurious Behaviors: Cutting, Burning, Scratching-Interventions and Alternative Coping Skills for Management of Self-Injurious Behavior presented to HISD Counselors-Houston, Texas, September 26, 2002; Presented to various school district counselors and other mental health workers-Houston, Texas, May 16, 2003, October 3, 2003, December 17, 2003, May 6, 2004 and February, 14, 2005; Presented to Mental Health and Educational Professionals-University of Houston-Clear Lake's Current Issues in Mental Health Symposium, 4/20/07
- Multicultural-Diversity Panel, Basic Psychotherapy Skills Class at University of Houston Clear Lake- Houston, Texas, 2000, 2001, 2002
- Vocational Opportunities for Head Injury Survivors - Houston, Texas, November 1993
- Functional Implications After TBI: Beyond Assessment - Houston, Texas, May, 1993
- Implications of Title I (Employment) of the Americans With Disabilities Act - Houston, Texas, November and December, 1992

Research Involvement

Neuropathology of Memory, University of Houston at Clear Lake: 1995-1996

www.hopepsychotherapyofhouston.com